



Yes! Access

Story Prompt Sheet

Use these questions to help shape your story in a real, relatable, and powerful way. These prompts can be used to make a video, write a short story or create art.

Part 1: Connect to Shared Values

Powerful stories reflect universal values and ideas. Consider topics like fairness, family, dignity, opportunity, and belonging.

- What shared value or idea do you want to talk about?
- What does that value or idea mean to you?
- How has that value or idea been reflected in your life?
- Are there challenges to having that in your life?
- What do you want people to understand, not just know?

Part 2: Ground Your Story in a Real Moment

Think of a specific experience where access — or the lack of it — had a big impact on your quality of life.

- What happened?
- Where were you?

- Who was involved?
- What were you trying to do?
- How did you feel?
- Did you gain any insights from that moment?

Part 3: How Did Access (Or Lack of It) Affect You?

Talk, write or illustrate about how access or lack of it impacts your ability to live your values.. Think about how this affected your daily life; your health, family, job, or independence.

- What accessibility tools or services do you rely on? (e.g., devices, software, job support, accommodations) What changed because of the tool or accommodation?
- What accommodation or accessibility tool would have made the situation better?
- How did the lack of access affect you? How did access help?

Part 4: End With a Vision or Call to Action

End strong! What's the message you want to leave people with? Talk about the things they do or could support your access and ability to live your values.

- What should change?
- What do you want people to do or think about differently?
- Why does access matter to *everyone*, not just you?

Optional Extras

If you want, add any of these to personalize your story:

- "A little about me..." (age, role, family, disability type)
- "Something people don't understand about disability is..."

- “If I could tell every decision-maker one thing, it would be...”

Ready to Share?

Once your story feels good to you, you can:

- Record a short video of you telling your own story.
- Write a short story and share it with others..
- Create a piece of art and take a photo.
- Submit your written or video story, and at to us at YesAccess.rights@gmail.com for a chance to be featured in our campaign.
- Share your work on social media with the hashtag **#YesAccess**
#WhatsYourStory #KeepItReal